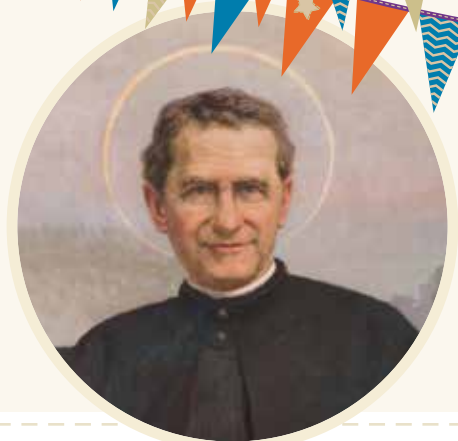


Celebrate!

ST. JOHN BOSCO JANUARY 31

Prayer is the first food of the spirit just
as bread is food for the body.

—St. John Bosco



THINGS TO DO THIS MONTH:

- 1 Continue celebrating Christmas! The 12 days of Christmas last until **January 6**.
- 2 The Memorial of the Holy Name of Jesus is on **January 3**. Use this memorial as a teaching moment to explain how sacred is God's name. No one should ever take the name of God in vain.

VERSE OF THE MONTH

1 CORINTHIANS 3:16

Do you not know that you are the temple of God, and that the Spirit of God dwells in you?

REMEMBER!

The Twelve Fruits of the Holy Spirit are charity, joy, peace, patience, kindness, goodness, generosity, gentleness, faithfulness, modesty, self-control, and chastity.

MEMORIZE!

Our Father, who art in Heaven, hallowed be Thy name; Thy Kingdom come; Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.