

A FAMILY OF Faith



February English Guide Year 4

- ❑ **VERSE OF THE MONTH:** Luke 1:46-47 *And Mary said: "My soul proclaims the greatness of the Lord; my spirit rejoices in God my savior."*
 - ❑ Parent's Guide: Pages 158
 - ❑ Activity Book: Pages 96

- ❑ **SAINT OF THE MONTH: SAINT Josephine Bakhita**
 - ❑ Parent's Guide: Pages 162, 198-199
 - ❑ Activity Book: Pages 121-123

Overview Lesson 8: Praying to the Virgin Mary

The aim of this lesson is for your children to discover the unique and honored role of Mary in Salvation History and the Church, how she is a model of prayer for us, and how we can bring our petitions to her.

- ❑ **WORDS TO KNOW:**
 - ❑ Parent's Guide: Page 167
 - ❑ Activity Book: Page 124

- ❑ **Activities and Key Concepts Lesson 8: Parent's Guide: Page 165-166**

Overview Lesson 9: Expressions of Prayer

In this lesson your children learn the three major expressions of prayer: vocal, meditative, and contemplative, which correspond to our God-given voices, minds, and hearts. In all three types of prayer, we seek to know God more intimately and grow in our relationship with Him.

- ❑ **WORDS TO KNOW:**
 - ❑ Parent's Guide: Page 184
 - ❑ Activity Book: Page 124

- ❑ **Activities and Key Concepts Lesson 9: Parent's Guide: Page 183**

- ❑ **Your Catholic Home: Month of the Holy Family:** Parent's Guide: Page 160.
During the month of February, the Church celebrates the Holy Family. Jesus learned from His parents what every child learns: how to talk, how to eat, how to walk, how to pray, and so forth. Scripture tells us how Jesus spent His childhood and early manhood in humble obedience to His parents: "He went down with [Mary and Joseph] and came to Nazareth, and was obedient to them; and his mother kept all these things in her heart. And Jesus advanced

[in] wisdom and age and favor before God and man” (Luke 2:51–52). The Holy Family serves as a model for us all on how we can all live holy lives as an ordinary family. That Jesus quietly spent most of His life with His family in Nazareth until He was thirty years old highlights how important the family is. Not only that, it shows that the family has an essential role to play in nurturing the Faith so that we can then go live it in the world in imitation of Christ!

BY THE END OF THIS MONTH, YOUR CHILDREN SHOULD BE ABLE TO:

- Recite this month’s Scripture Memorization.**
 - Parent’s Guide: Page 158
 - Activity Book: Pages 96
- Define this month’s Words to Know.**
 - Parent’s Guide: Pages 167, 184
 - Activity Book: Page 124
- Tell you about Our Lady of Lourdes and St. Josephine Bakhita.**
 - Parent’s Guide: Pages 181-182, 198-199,
 - Activity Book: Pages 109-111, 121-123

February in Review

THIS MONTH YOU EXPLORED AS A FAMILY THE QUESTIONS:

- What is the role of Jesus’ mother in the Church?**
 - Parent’s Guide: **The Rosary p.175, The Assumption of Mary p.176-177, Hail Mary, Full of Grace p.178-179, Hail Mary Stained Glass p.180**
 - Activity Book: **The Rosary p. 100-103, The Assumption of Mary p. 104-105, Hail Mary, Full of Grace p. 106, Hail Mary, Stained Glass p. 107**
- How is Mary our mother?**
 - Parent’s Guide: **Mary Is Full of Grace p. 168-170, The Handmaid of the Lord p.171-172, Mary Is Our Mother p.173-174**
 - Activity Book: **The Handmaid of the Lord p.97-98, Mary is Our Mother p. 99**
- What are the three main ways of praying?**
 - Parent’s Guide: **Remembering God p. 185-186, Choosing to Pray p.194-195, Identifying Expressions of Prayer p.196-197**
 - Activity Book: **Remembering God p. 112-114, Choosing to Pray p. 118-119, Identifying Expressions of Prayer p. 120**

In Lesson 8 your children learned that:

- We honor Mary because Jesus honors her.**
 - Parent’s Guide: **Mary Is Full of Grace p. 168-170**
 - Activity Book: **The Handmaid of the Lord p.97-98, Hail Mary, Full of Grace p. 106**
- Mary is our mother.**
 - Parent’s Guide: **The Handmaid of the Lord p. 171-172, Mary Is Our Mother p.173-174**
 - Activity Book: **The Handmaid of the Lord p.97-98, Mary is Our Mother p. 99**
- We can take our petitions to Mary.**
 - Parent’s Guide: **The Rosary p.175, The Assumption of Mary p.176-177, Hail Mary, Full of Grace p.178-179, Hail Mary Stained Glass p.180**
 - Activity Book: **The Rosary p. 100-103, The Assumption of Mary p. 104-105, Hail Mary, Full of Grace p. 106, Hail Mary, Stained Glass p. 107**

In Lesson 9 your children learned that:

- In vocal prayer we use our voices to speak to God..**
 - Parent's Guide: **Praying with Our Voices** p.187-188
 - Activity Book: **Praying with our voices** p. 115-116
- In contemplative prayer we fix our hearts on Jesus.**
 - Parent's Guide: **St. Jean Vianney and Prayer** p. 191-192, **Time with a Friend** p. 193
 - Activity Book: **St. Jean Vianney and Prayer** p. 117
- We focus our thoughts and feelings to discern what God is calling us to do in meditative prayer**
 - Parent's Guide: **Praying with Our Imaginations** p.189-190
 - Activity Book: **Identifying Expressions of Prayer** p. 120

- Recommended Activities:**
 - Parent's Guide: Pages 168-170, 171-172, 173-174, 175, 176-177, 178-179, 180, 181-182, 185-186, 187-188, 189-190, 191-192, 193, 194-195, 196-197,
 - Activity Book: Pages: 97-98, 99, 100-103, 104-105, 106, 107, 112-114, 115-116, 117, 118-119, 120, 182

Weekly Teaching for Parents	
Week 1	<ul style="list-style-type: none"> <input type="checkbox"/> Introduce Words to Know: Parents discuss words to know with their children on Parent Guide pages 167 and 184. Teach their children what the words mean. <input type="checkbox"/> Understand Words to Know: By the end of the week, the children should know how to explain and define the words to know. <input type="checkbox"/> Get to know St Josephine Bakhita Parents and children should read the brief biography of Saint Josephine on Parent Guide pages 198-199 <input type="checkbox"/> Learn Scripture Verse: Begin reciting daily the Scripture verse for the month. And Mary said: "My soul proclaims the greatness of the Lord; my spirit rejoices in God my savior." (Luke 1:46 -47)
Week 2	<ul style="list-style-type: none"> <input type="checkbox"/> Parent and Child Activities: Parents should choose one or more activities on praying to the Virgin Mary in the Parents Guide pages 168-182, lead the children through this activity. <input type="checkbox"/> Learning Goal for the Week: <ul style="list-style-type: none"> <input type="checkbox"/> The child should understand that - <ul style="list-style-type: none"> <input type="checkbox"/> We honor Mary because Jesus honors her. <input type="checkbox"/> Mary is our mother. <input type="checkbox"/> We can take our petitions to Mary. <input type="checkbox"/> The child should be able to answer the questions - <ul style="list-style-type: none"> <input type="checkbox"/> What is the role of Jesus' mother in the Church? <input type="checkbox"/> How is Mary our mother?
Week 3	<ul style="list-style-type: none"> <input type="checkbox"/> Parent and Child Activities: Parents should choose one or more activities on expressions of prayer in the Parents Guide on pages 185-197 to teach their children. <input type="checkbox"/> Learning Goals for the Week: <ul style="list-style-type: none"> <input type="checkbox"/> The child should understand that - <ul style="list-style-type: none"> <input type="checkbox"/> In vocal prayer we use our voices to speak to God.

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| | <ul style="list-style-type: none">❑ We focus our thoughts and feelings to discern what God is calling us to do in meditative prayer.❑ In contemplative prayer we fix our hearts on Jesus.❑ The child should be able to answer the question -<ul style="list-style-type: none">❑ What are the three main ways of praying? |
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Your Catholic Home: When your children write in their prayer journals, or any other time they write down something important, encourage them to write the initials J.M.J. as a heading. J.M.J. stands for Jesus, Mary, and Joseph. In this way, your children can dedicate what they are writing to the Holy Family.