



ORIGIN FAMILY

2024 FOURTY DAYS OF LENT




WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

14 
Go to the Church with your family, to receive the ashes, and send us a picture to: faithformationestf@afrisco.org
FEBRUARY

15 
Make a cross with things you find in nature (rocks, branches, etc)

16 
Read Luke 3:1-18 in your Bible

17 **Play your favorite game with SOMEONE**

SUNDAY

MONDAY

TUESDAY

18 1ST SUNDAY OF LENT

NO sweets today

19 
Pray for someone

20 
Learn an Easter song, like:
-This is Amazing Grace
-Rise Up

21 **FORGIVENESS IS LOVE**
Forgive someone for something that made you feel sad or hurt your feelings.

22 
Gather some toys you don't use anymore, and give them to someone.


23 
Give someone a **HUG**

24 
Share a meal with someone


25 2ND SUNDAY OF LENT

Make Jesus window ornament (paper plate) to remind us how God's glory shone through Christ on Transfiguration Sunday!

26 
Mom: Thanks for taking care of me. with  I vanna
Surprise someone with a special NOTE.

27 
If you have money, give some to the poor, otherwise say a prayer for them

28 
Draw or purchase an Easter Lily for a friend.


29 
Go to Adoration even if it's just for a little while.


1 
Tell God what you are thankful for
MARCH

2 
Help with yard work or picking up litter.

3 3RD SUNDAY OF LENT
Help to clear the table after family dinner

4 **PRAY**
"Jesus, Son of God, have mercy on me, a sinner."

5 
Sit on a hard chair today for a minute and think of Jesus being scourged

6 
When you wake up pray: *Everything today I offer to you, O Lord!*

7 
Take the time to share a smile with someone today

8 List what is special about each person in your family, and then **GIVE** it to them!

9 Volunteer some of your time to help at church, school or home.

SUNDAY**MONDAY****TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****SATURDAY****10** 4th Sunday of Lent

Light a candle with your family and pray together.
 "I am the light for the world!"
 John 9:5



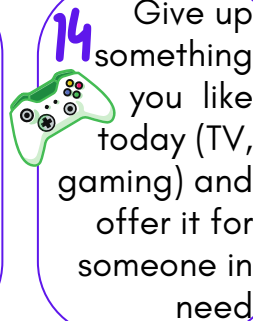
After supper take some time to thank God.



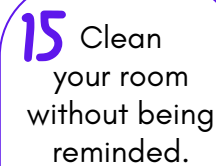
Write a prayer for someone in your family make it a surprise!



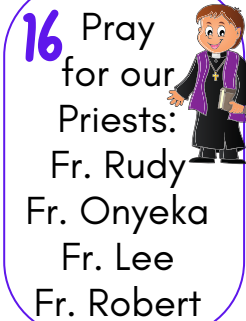
Draw an Easter picture for your family.



Give up something you like today (TV, gaming) and offer it for someone in need



15 Clean your room without being reminded.

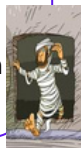


16 Pray for our Priests:
 Fr. Rudy
 Fr. Onyeka
 Fr. Lee
 Fr. Robert

17 5th Sunday of Lent

Jesus raised his friend Lazarus from the dead.

Pray for the souls in purgatory.



18 Pray for someone who is sick, visit them if you can



19 **Play stack the Peeps**
 See who can stack the most peeps in a minute



20 Make some Easter cards to send to your friends and family



21 Go on a walk today and see all the beautiful things God made for us.



22 Go to the stations of the cross in the Main Church 7:00 pm



23 Color Easter eggs today and think on Jesus in the tomb. He is not going to stay there for long!

24 Palm Sunay

Make a cross with the palm that was given to you at Sunday Mass.



25 Talk with a friend, or sibling about Jesus carrying the cross.



26 Draw a picture of Jesus

27 Watch the movie **The Messiah: A Brickfilm**, (YouTube free) as a family and talk about it.



28 **Holy Thursday**
Family Foot Washing Ceremony

Wash each other's feet, as a sign of humility

29 Good Friday

Be especially quiet from Noon to 3 pm and remember Jesus on the Cross.
READ John 19:30



30 **Holy Saturday**
 Prepare an Easter basket, and go to the Blessing of the Easter Baskets at 9:00 am in front of the Chapel

**31** EASTER SUNDAY

Attend Easter Mass



HE HAS RISEN

ALLELUIA, ALLELUIA, ALLELUIA